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stimulated and encouraged. This coloring book for adults includes 40 mandalas with different degrees of difficulty. It is suitable for beginners as well as for advanced. Tips for drawing We opted for a large print (slightly smaller than DIN A4) of our Mandala coloring book. So the coloring pictures are large and easy to paint. For very good results we recommend crayons. Both normal and artist pencils are suitable. For example: Faber-Castell Polychromos, KOH-I-NOOR Polycolor, Sanford Prismacolor or Lyra Rembrandt. The mandalas can also serve as a template for their own creations. Simply cut the motif and use it as a template. This stimulates creativity. Even children can have fun with a coloring book for adults. It is wonderful when the hobbies of big and small are the same. Paint along with your children. **BONUS: 60 FREE Mandala designs to print** Have fun with this beautiful Mandala coloring book.

Derived from the Sanskrit term for "circle," the mandala represents wholeness and the human connection to the infinite. More than 30 hypnotic mandalas pulse with energy and life, offering a coloring experience that's utterly magical. Pages are perforated and printed on one side only for easy removal and display. Specially designed for experienced colorists, Magical Mandalas and other Creative Haven® adult coloring books offer an escape to a world of inspiration and artistic fulfillment. Each title is also an effective and fun-filled way to relax and reduce stress.

Books in the Color Magic series meld the youthful spontaneity of coloring with the sophisticated composition of mandalas and garden patterns for a relaxing artistic experience that anyone can enjoy. Coloring encourages the imaginative hobbyist to take a break from the daily routine to create something simple yet exquisite. And the beautiful images in

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these books, when complete, are ideal for decorating, framing, and gift-giving. In *Mandala Magic*, the soothing patterns of mandalas will inspire creativity.

2019 Gift Ideas | 100 Images Note: We have taken the circular mandalas from *Magical Mandalas* and repurposed them into beautiful "full-frame" patterns for *100 Magical Patterns*. Enjoy beautiful patterns with this delightful coloring book from bestselling publishing brand, Jade Summer. Our *100 Magical Patterns* coloring book is a wonderful collection of incredible and easy-to-color patterns. Enjoy the symmetrical and simple beauty of adorable animals, lovely flowers, elegant floral patterns, fun geometric shapes, and much more! With 100 different patterns to color and a variety of themes, you will always have something different to color. If you love mandala coloring books, then you will love this reimagined mandala experience. We have combined the symmetrical beauty of mandalas with the enjoyment of coloring "full-frame" images. By eliminating the whitespace commonly found in mandala books, we have given you more to color than ever before! **Why You Will Love this Book**
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Thirty-one heavenly illustrations offer colorists hours of creative relaxation. This treasury of calming and meditative mandala designs features beautifully detailed sun, moon, and star patterns that can be colored in a variety of ways. Illustrations are printed on perforated pages for easy removal and display. Specially designed for experienced colorists, Celestial Mandalas and other Creative Haven® adult coloring books offer an escape to a world of inspiration and artistic fulfillment. Each title is also an effective and fun-filled way to relax and reduce stress.

With 50 beautifully designed and unique mandalas, Magic Mandala is a specifically created adult coloring book to help relief stress, promote relaxation, meditation and ease your mind as art therapy. This best selling adult coloring book offers:- Intricate designs for hours of coloring pleasure to simpler designs for a quick coloring session, leaving you feeling accomplished & relaxed at the end of every coloring session; High resolution designs with consistent line width for plenty of room for coloring and shading, unlike other books with heavily black lines with no room to color; Delightfully detailed designs which you can actually see without squinting your eyes, yet neither are they too large, too simplistic or juvenile; Ideal book size of 8.5 x 11 inches with designs printed only on one side on bright white paper making it suitable as a beautiful gift or for you to frame up your favorite pieces. Simply sit back, relax and choose the design that connects most with you. Feel your stress and anxiety slowly melting away as you color stroke by stroke and shade by shade the beautiful mandalas and transform them into your own personal and unique keepsake art piece. Be sure to

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check out these other titles from the Mandala series collection: The Kaleidoscope Mandala Coloring Book (Volume 1) <https://www.createspace.com/6203073> The Mystical Mandala Coloring Book (Volume 3)

With over 50 Mandala's to color this coloring book will be sure to help you relax and destress. Let's face it, we all have a little more stress these days. This will help! There is a variety of easy and hard designs. These large Mandala's are printed single sided for easier time no matter your medium. The coloring book is sized 8.5 x 11 and has 50 single sided pages full of Mandalas for you to color! Happy Coloring!

Mandala Magic is a coloring book for adults relaxation and meditation that contains 40 unique intricate mandala designs, suitable for advanced colorists. Mandala is a Sanskrit word that means circle. This circle is a spiritual symbol representing the universe in Buddhism and Hinduism. It grows outwardly and thus represents harmony and oneness. Coloring mandalas has numerous positive effects on your life as it offers relaxation, calms the nervous system, invokes positive energies and balances your mind. More precisely: It relieves stress Many of us are juggling multiple tasks trying to reconcile job and family family, relieve tensions, over come financial worries, etc. As coloring mandalas require attentiveness and calmness to color the circular patterns, it helps enhance your concentration. The deeper is your engagement in coloring, the greater is your stress-relief. It reduces negative thoughts Sacred circles of a mandala have a magical healing power, which can have a recuperative effect. It's a great meditation alternative Psychological studies show that coloring mandalas have the same effect as meditation. Coloring mandalas will help you to disengage from the feelings of anxiety and acquire positive thoughts. It

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refreshes the brain Coloring mandalas not only reduces anxiety, but refreshes your brain too as it engages both hemispheres of the brain to stay focused. Coloring mandalas activates in a balanced way both analytical and creative parts of the brain, improves problem-solving skills, refines motor skills and makes you stronger. It sparks creativity Those who engage in mandala coloring rediscover their creative ideas and implement them in their lives. It boosts your immune system The geometric patterns of mandalas represent the cosmos. Traditional Vedic medicine believes that mandalas have the healing power that induces calmness. Thus, mandalas boost the immune system, reduce pain and help you sleep better. It helps you reconnect with your Inner Child. Coloring mandalas is an Inner Child healing therapy for adults who are harsh within themselves. It also boosts your self-confidence and helps you face the challenges of this world. This book will help you to cope with boredom and anxiety during difficult times. Have fun and express your creativity! Relax and feel like an artist! Tags: Coloring book for adults, adult coloring book, coloring book, colouring book, adult colouring book, colouring book for adults, animal designs, floral designs, garden designs, stress relieving patterns, stress relieving designs, illustrations, mandala designs, floral patterns, relaxation fun, coloring book for grown-ups, creativity, coloring book best sellers, amazon best sellers, stress relief, art supplies, art book, drawings, zen doodles, swirls, floral compositions, mandalas, leaves, intricate details, gift, inspiration, sketch pad, paisley, unique designs, ink, hand drawn, gift ideas, art therapy, calming.

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